

PROGRAM BOOK LMTV 2020



IIRC of PKBI - INDONESIA
Indonesia International Work Camp of
Perkumpulan Keluarga Berencana Indonesia

Project list of LMTV 2020

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PROFILE

Indonesia International Work Camp of *Perkumpulan Keluarga Berencana Indonesia*—Eng: Indonesia Planned Parenthood Association (IIRC of PKBI) is the first international voluntary services organization in Indonesia founded since 1998. We existed and actively involved in promoting global issues which rise from local potential. We believe that every community has potential to be developed by their strength. The presence of volunteers in community will be a trigger to raising local potential and spreading the spirit of volunteerism.

Vision:

“Community Empowerment to Improve Quality of Life”

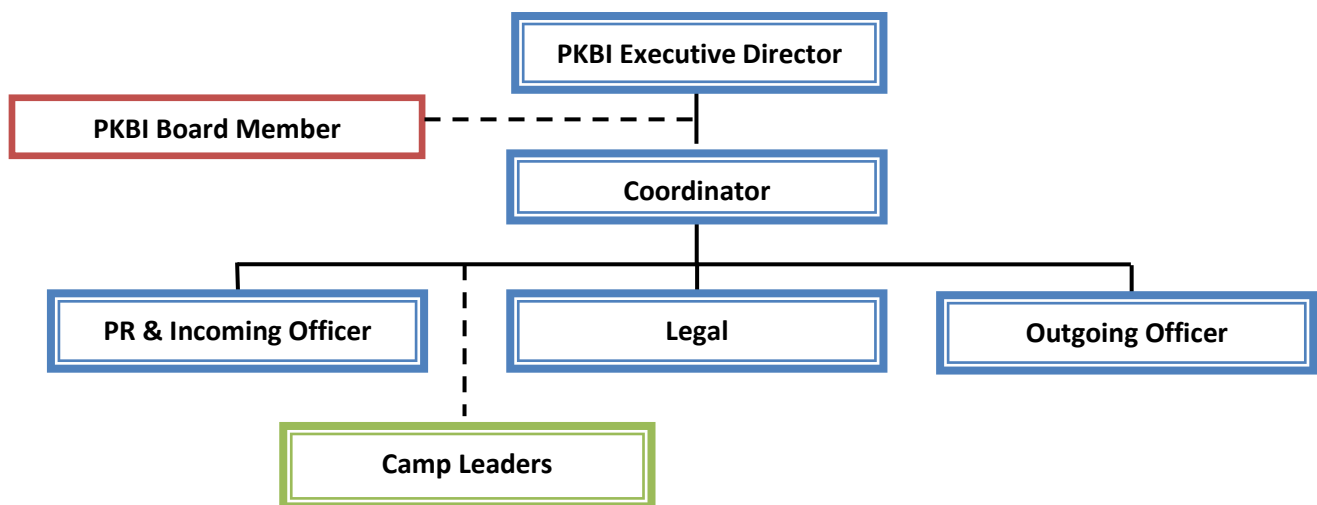
Missions:

1. Community empowerment by maximizing local potentials
2. Improving youth involvement as agent of changes toward society
3. Spreading volunteerism spirit

Values

1. Volunteerism
2. Pioneering
3. Independency
4. Professionalism

Structure



Contact

1. Mr. **Ryan** Aditya (Coordinator)
2. Ms. St. **Ulin** Nikmah (Incoming & Placement)
3. Ms. **Ningsih** (Outgoing)
(Legal)

General Information

a. Cancelation

Please inform to IIRC Indonesia at least 30 Days before your work camp start. Cancelation it is really harm full to our project. Because, most of projects fund come from international participation fee. It would be unfair if we keep your place blocked and therefore not giving a chance to other motivated volunteers who really eager to come to Indonesia.

b. Volunteering in Indonesia






Indonesia lies between latitudes 11°S and 6°N, and longitudes 95°E and 141°E. Due to this country located on equator line, Indonesia has a tropical climate with wet and dry seasons. Average annual rainfall in the lowlands varies from 1,780–3,175 millimeters (70–125 in), and up to 6,100 millimeters (240 in) in mountainous regions. Humidity is quite high, averaging about 80%. The average daily temperature range of Jakarta and another big city is **26–35 °C**, and **18–25°C** for the mountainous area.

The Republic of Indonesia is the largest archipelago in the world comprising 13,466 large and small tropical islands fringed with white sandy beaches, many still uninhabited and a number even still unnamed. Indonesia has a total population of more than 215 million people from more than 200 ethnic groups. Culturally, Indonesia fascinates with its rich diversity of ancient temples, music, ranging from the traditional to modern pop, dances, rituals and ways of life, changing from island to island, from region to region. Yet everywhere, volunteer feels welcomed with that warm, gracious innate friendliness of the Indonesian people that is not easily forgotten.

c. Currency

The rupiah (Rp) is the official currency of Indonesia. Issued and controlled by the Bank of Indonesia, the ISO 4217 currency code for the Indonesian rupiah is IDR.

| Image | | Value | In Euro (July 2019) |
|---|--|---------|---------------------|
|  |  | 100 IDR | 0.006 |
|  |  | 200 IDR | 0.01 |

| | | | |
|---|--|------------|------|
|  |  | 500 IDR | 0.03 |
|  |  | 1,000 IDR | 0.06 |
|  |  | 1,000 IDR | 0.06 |
|  |  | 2,000 IDR | 0.13 |
|  |  | 5,000 IDR | 0.33 |
|  |  | 10,000 IDR | 0.64 |
|  |  | 20,000 IDR | 1.3 |

| | | | |
|---|--|-------------|-----|
|  |  | 50,000 IDR | 3.2 |
|  |  | 100,000 IDR | 6.4 |

d. Indonesian Daily Life

Electricity

The standard voltage used in Indonesia is 230 V and the frequency is 50 Hz. You can use your electric appliances in Indonesia, if the standard voltage in your country is in between 220 - 240 V (as is in the UK, Europe, Australia and most of Asia and Africa). The power plugs and sockets used are type C and F. Check out the following pictures.

Electricity Plug F in Indonesia



Universal Plug F



e. Visa Matters

Recommended Visa for MTV Incoming Program (Duration Stay: 30-60 Days)

| TYPES | DURATION | REMARKS |
|--|----------|---|
| Visa On Arrival (Link: http://goo.gl/8LNC3z) For more than 80 Countries | 30 Days | Cost US\$ 25 - US\$ 35 (Depend on Entry Airport) Extendable 30 days |

To stay up to 30 days, you may use recommended visa bellow. For those who want to stay up to 60 days, you should buy Visa on Arrival, with one extend required in Indonesia.

Recommended Visa for LMTV Incoming Program (Duration Stay: 30 Days – 1 Year)

| TYPES | DURATION | REMARKS |
|--|----------|---|
| 211 Visa (Link: http://goo.gl/8LNC3z) You should Apply through Indonesian Embassy/Consulate in your country | 60 Days | Cost US\$ 55 Extendable 4 times |

To stay more than 30 days, you can apply for VISA Index 211 valid up to 60 days and extendable in any of Immigration offices in Indonesia. 211 Visa is not working visa, for tourism, family, social and cultural visit. Long And Middle Term volunteers are supposed to apply for this visa. For those who will stay up to 1 year, volunteer should renew their VISA once through Indonesian Embassy in country outside Indonesia (IIRC of PKBI team will recommend you some countries you able to apply during your stay).

ATTENTION!

- ✓ **FOR YOUR VISA RENEWAL, IIRC WILL PROVIDE THE VOLUNTEERS WITH THE INVITATION LETTER FOR VISA**
- ✓ **VOLUNTEERS ARRIVED SHOULD BE REPORTED TO THE AUTHORIZES WITH PKBI DIRECTOR'S AS GUARANTOR**

Our Program

a. Long & Middle Term Volunteering Overview

Long and Middle Term Volunteering is an international volunteer program where volunteers stay for 1-5 month (middle term) or 6-12 (long term) with special theme for sustainable project. This activity is an individual project which each project contains 1 up to 3 volunteers. LMTV incoming program will support our mostly our regular activity in each project site. They will collaborate really close with local community as well as local volunteers (local Volunteers) to organize the project during their stay Indonesia. Volunteer will stay either in rented volunteer house, or stay with a local family. This is aimed to collaborate with partners or local communities with the main purpose of exchanging experiences, culture, and mutual benefit between the relevant parties.



b. The Aims

LMTV projects are aimed to:

1. To exchange experience and culture, to provide opportunities for volunteers to connect with and learn from the community through enjoyment of local life and exchange.
2. To promote lasting change with specialized and sustainable voluntary works that improve the community.
3. Mutual benefit between the stakeholder, to empower not only the hosts, but also the local communities especially in depopulated areas.

c. Working Days and Holidays

- ⦿ The volunteers work 5 days a week at least 25 hours.
- ⦿ Saturday and Sunday are officially free, but there might be projects that have different free days. Volunteers can discuss together with the local partner for those days.
- ⦿ The volunteers deserve to get 1 day off for each month
- ⦿ For visa renewal (maximal 7 days), IIRC and local partner must know beforehand.

- ⦿ If there will be a visit from your family or friends, please plan it according to the leave off days, your working schedule, meeting, middle and final evaluation seminar.
- ⦿ In case that your guest would like to stay in your project site, please inform the local partner beforehand.

d. General Requirements

1. Volunteers must be 18 years old or older
2. Volunteers are keen on learning Indonesian language
3. Volunteers have to be open minded toward local culture and custom
4. Volunteers are obliged to stay during the whole length of the project
5. Volunteers must bring their own personal medicine
6. Volunteers will work 5 days a week, 5 - 8 hours a day. Saturday and Sunday are free days for volunteers, but there might be some project with different free days
7. Volunteers have to be able to manage their own lodging whatever the type of the accommodation (Host Family, Boarding House, Dorm, Volunteer House)
8. Required Language is English, but basic knowledge of Bahasa Indonesia will be necessary. We encourage the volunteer to learn Bahasa Indonesia in their home countries before departure.

e. Financial Policy

Participation fee is payable upon arrival, and each month should be paid on the first week of the month. It is IDR 3.600.000 per month covering:

- ✓ Meals (Meals support provided IDR 900.000/month)
- ✓ Accommodation
- ✓ Management Fee
- ✓ Information and support in obtaining visa before arrival,
- ✓ Transportation from IIRC office to the project site when you starting your project, Orientation session, evaluation session, project coordination, & project supervising
- ✓ Project Material

PLEASE NOTE!

Volunteers should bear her/his personal expenses and bear health insurance by themselves. Fee for visa extension is IDR 500.000.

IIWC of PKBI LMTV List 2020

| Code | Name | Location | Period | Type)* | SDG's | Vols | Fee IDR |
|-------------|--|-----------------------------------|---------------------------------|--------------|--------|------|-----------|
| IIWC-LMTV01 | Tegalrejo Red District | Semarang Regency, Central Java | Whole Year Except May – June | KIDS, EDU | 3, 4 | 3 | 3.600.000 |
| IIWC-LMTV02 | Mangkang Mangrove Conservation Project | Semarang City, Central Java | Whole Year Except May – June | ENVI, EDU | 13, 14 | 3 | 3.600.000 |
| IIWC-LMTV03 | Gedongsongo Heritage Village Project | Semarang Regency, Central Java | Whole Year Except May – June | ENVI, CUL | 12, 13 | 3 | 3.600.000 |
| IIWC-LMTV04 | Pemalang Literacy | Pemalang Regency, Central Java | Whole Year Except May – June | KIDS, EDU | 3, 4 | 3 | 3.600.000 |
| IIWC-LMTV05 | Indonesia School of Nature | Cipedak, South Jakarta | August - November | EDU, ENVI | 12, 13 | 2 | No Fee |

* **ENVI:** Environment; **EDU:** Education; **HERI:** Heritage; **KIDS:** Children; **CONS:** Construction; **CUL:** Culture

Volunteers should be **18 years old or older**. For those who under 18 years old we need parent/guardian permit letter.

TEGALREJO RED DISTRICT PROJECT

| Code | Name | Place | Date | Vol | Fee |
|------------------------|--|-----------------------------|----------------------------|-----|---|
| IIBC-LMTV01 | Tegalrejo Red District | Semarang City, Central Java | Whole year except May-June | 3 | IDR 3.600.000/month should be paid upon arrival |
| KIDS, STUD, EDU | | | | | |
| Short Description | Share your love and happiness to the children around prostitution area! | | | | |
| Background | Tegalrejo Red-District area is a prostitution area in Semarang Regency. There are more than 100 families who mostly work as sex workers or food sellers. We run this project since 2006 together with our mother organization PKBI. This work camp focus on improving quality life of marginalized kids so they will threaten fairly and less discriminated. Most of the children living in this area don't have birth certificate, since their parent don't have identity card either. On the other hand, they couldn't afford higher level of school, and must faces high-risk-sexual activity scene (such as violence, sex bargaining, or sexual exploitation) as their playing ground. By this situation we worked with local stakeholder to provide Non-formal education where children can read books, make handicraft, fun studying, and cross cultural understanding with volunteer. | | | | |
| Work | Create fun atmosphere for kids to studying self-hygiene, good attitude by storytelling, games, drawing, etc. School campaign to minimize kids-discrimination, or other local issue. Volunteer also will help kids to learn English, and world culture. | | | | |
| Aims | <ol style="list-style-type: none"> 1. To organize activities for kids in Tegalrejo Red-District area 2. To exchange culture between participants and local people 3. To empower local people to be more aware on education for kids | | | | |
| Special Remarks | Please bring cap and sun block to prevent the hot temperature. Clothes must cover the knees and shoulders. | | | | |
| Location | Jatijajar, Bergas, Semarang Regency, Central Java 50552 | | | | |
| Accommodation | Volunteers will stay in house family with shared toilet and bathroom. Host family will served 3 times Indonesian food. Volunteers can also cook in the house. The project site (where the work will be conducted) and camp site (volunteer house) are separated | | | | |
| Leisure Time | During the walk, you will find several beautiful landscape. During leisure time, you can visit some cafe or garden near by the campsite. It's very relaxing :) | | | | |
| Airport | Achmadyani Semarang International Airport | | | | |
| Requirements | We do expecting that volunteers are open minded, tolerant, respect the local custom and culture, love to learn and share. | | | | |
| Meeting Point | IIBC of PKBI office, Jembawan Raya No.8, West Semarang Municipality, Semarang City, Central Java, 50146. Time: 1 p.m of the starting date | | | | |



MANGKANG MANGROVE CONSERVATION CAMP

| Code | Name | Place | Date | Vol | Fee |
|-------------------------|---|-----------------------------|----------------------------|-----|---|
| IIWC-LMTV02 | Mangkang Mangrove Conservation | Semarang City, Central Java | Whole year except May-June | 3 | IDR 3.600.000/month should be paid upon arrival |
| ENVI, RENO, KIDS | | | | | |
| Short Description | Contribute to create a better climate and reduce greenhouse gasses! Be a Climate Changers!! | | | | |
| Background | Mangkang Environment Project is answering the needs of preserving the coastal side of North Java Sea in Mangkang. This area is now in danger due to the abrasion of the sea, cutting mangrove by local factory and heavy force from the river flows. Garbage problem was re-raised in the recent years. Lack of local's awareness about environmental friendly lifestyle destroys the nature slowly. They also face problem in integrated garbage management system, moreover there is no daily truck garbage picker in this area. Local community initiated to make recycle stuff from garbage to decrease the garbage impact to the nature. | | | | |
| Work | IIWC works with local farmers group who called Mangrove Lestari. Volunteers will do several works including planting mangrove and other trees in seashore, garbage management discussion to local people and children, renovation of mangrove garden for environment education center, school visits and green campaign. | | | | |
| Aims | <ol style="list-style-type: none"> 1. To initiate the project of protecting the sea shore by planting mangroves, and also learning about the other usefulness of mangrove, 2. To raising awareness of the local people, the fisherman, and local students to protect their environment as well as their future. 3. To Empower local people to be more aware on eco-friendly lifestyle, & health | | | | |
| Special Remarks | Please bring cap and sun block to protect from the sun burn. Be ready with the mosquito, but don't worry there is no malaria in this area. | | | | |
| Location | Mangkang Village, Tugu Municipality, Semarang City, Central Java Indonesia | | | | |
| Accommodation | IIWC Volunteer house with shared toilet and bathroom, sleeping bag and mattress are needed, and self-cooking. | | | | |
| Leisure Time | The campsite is in the village where the local culture is still strong. People there are very nice and humble. During leisure time, volunteers can take a walk to several beautiful landscape or maybe have a nice talk in cafe nearby the camp site. | | | | |
| Airport | Achmadyani Semarang International Airport | | | | |
| Requirements | We do expecting that volunteers are open minded, tolerant, respect the local custom and culture, love to learn and share. | | | | |





GEDONGSONGO PROJECT

| Code | Name | Place | Date | Vol | Fee |
|-------------------------|---|------------------------|----------------------------|-----|---|
| IIWC-LMTV03 | Gedongsongo Project | Semarang, Central Java | Whole year except May-June | 3 | IDR 3.600.000/month should be paid upon arrival |
| RENO, CULT, ENVI | | | | | |
| Short Description | Live on the hill with the temple around and learn the tangible cultural site. | | | | |
| Background | Gedongsongo is one of national heritage located in Central Java. There are 5 temples in the areas and the temples became an attractive place for holiday, especially for regional tourist. This temple also surrounded by many intangible heritages such as traditional dances, traditional music, and festival. However, some aspects still need to be improved, such as; the environment awareness, socio economic background, sanitation and hygiene of the local people. Most of the locals are earning money from the vegetables garden. The increasing number of visitors each year not only contributed in littering, but also vandalism on the temple, as it become one of the big problem on the heritage preservation issues. | | | | |
| Work | Mainly will work with local people toward their environment such as recycle garbage, introducing personal hygiene related to the environment condition, organizing additional English lesson and school visit, and playing games with children. There will be also possibilities on physical work such as cleaning the temple, renovating school, planting trees, gardening, or making sign board/garbage bin | | | | |
| Aims | To increase the awareness of the local people about garbage problem (especially non organic garbage), to support tangible and intangible heritage preservation program, cultural exchange with local people and educate student/local people to take care their environment. | | | | |
| Special Remarks | Please bring sun block, rain coat and warm clothes to prevent very hot in the day time, rain during work and very cold at night. Bring any necessary information about garbage recycle. | | | | |
| Location | Krajan, Candi, Bandungan, Semarang, Central Java, 50614 | | | | |
| Accommodation | Volunteers will stay with host family with shared toilet and bathroom. Food will be provided by the host family 3 times a day. | | | | |
| Leisure Time | The project site will be in the hill where the temple is located. The temperature will be quite cold during morning and night. During leisure time, volunteers can visit another beautiful spot nearby the temple of just have a chill time in cafe or restaurant. | | | | |
| Airport | Achmadyani Semarang International Airport | | | | |
| Requirements | We do expecting that volunteers are open minded, tolerant, respect the local custom and culture, love to learn and share. | | | | |
| Meeting Point | IIWC of PKBI office, Jembawan Raya No.8, West Semarang Municipality, Semarang City, Central Java, 50146. Time: 1 p.m of the starting date | | | | |



PEMALANG LITERACY

| Code | Name | Place | Date | Vol | Fee |
|---------------------------|--|------------------------|----------------------------|-----|---|
| IIBC-LMTV04 | Pemalang Literacy | Semarang, Central Java | Whole year except May-June | 3 | IDR 3.600.000/month should be paid upon arrival |
| EMPOWER, CULT, EDU | | | | | |
| Short Description | Spread the spirit of literacy to the children in country side. | | | | |
| Background | A group of children and mother community living in one of the village, so called <i>Taman Baca Masyarakat Adinda</i> (Adinda Community Reading Park – Eng) initiates a movement to maximize local potential through literacy. Literacy determined as ability to read, write, speak and listen in a way that allows people to communicate effectively. It is fully essential to social and human development in its ability to transform lives. <i>Taman Baca Masyarakat Adinda</i> (TBM Adinda) as our local partner organization, are filled by enthusiast youth, children, teenager, and parents who want to improve their capability as well as their knowledge through literacy or workshop. | | | | |
| Work | Volunteers will assist the activity in the village library to create some informal education like storytelling, drawing, crafting, reading, etc. In the morning, volunteer will create activities with mother to do workshops. There will be local volunteers who will assist the volunteer to conduct the event. School visit also possible to do here for culture exchange. | | | | |
| Aims | <ol style="list-style-type: none"> 1. To support local movement – TBM Adinda. 2. To create fun–educative (non-formal approach) activities for children. 3. To raise women empowerment. 4. To raise the spirit of change local community | | | | |
| Special Remarks | Please bring sun block, rain coat and warm clothes to prevent very hot in the day time, rain during work and very cold at night. Bring any necessary information about literacy. | | | | |
| Location | Majakerta, Watukumpul, Pemalang Regency, Central Java | | | | |
| Accommodation | Volunteers will stay with host family with shared toilet and bathroom. Food will be provided by the host family 3 times a day. | | | | |
| Leisure Time | The campsite is in the village where the local culture is still strong. People there are very nice and humble. During leisure time, volunteers can take a walk to several beautiful landscape or maybe have a short trip to the city center | | | | |
| Airport | Achmadyani Semarang International Airport | | | | |
| Requirements | We do expecting that volunteers are open minded, tolerant, respect the local custom and culture, love to learn and share. | | | | |
| Meeting Point | IIBC of PKBI office, Jembawan Raya No.8, West Semarang Municipality, Semarang City, Central Java, 50146. Time: 1 p.m of the starting date | | | | |



INDONESIA SCHOOL OF NATURE

| Code | Name | Place | Date | Vol | Fee |
|-------------------|--|------------------------|-------------------|-----|-------------|
| IIRC-LMTV05 | Indonesia School of Nature | Cipedak, South Jakarta | August - November | 2 | IDR 0/month |
| ENVI, EDU | | | | | |
| Short Description | Assisting the teacher to create an interactive learning class through nature! | | | | |
| Background | Indonesia School of Nature (Well known as SAI) brought new education concepts in Indonesia, where children are unique and should be developed based on their strength, not generalized to one standardization. As its name, Sekolah Alam Indonesia (Indonesia School of Nature) is nature based, which mean children can learn as much as possible by exploring nature and their environment to gain experience learning. Thus, most of their time spent in outdoor class (60%) compare to indoor (40%). Moreover, its classroom is also quite unique and different compare to ordinary schools, where it is built windowless, door less and from wood, no concrete walls and fancy air conditioner found in their class. One of its identities is Community based school, where parents as community are actively involved in the education process and they are part of three partied stakeholder (Foundation, Teachers, Community). | | | | |
| Work | Volunteer will support English department to assist facilitator organising English class with fun and interactive atmosphere through games, playdate, song, story telling and co-partner on English conversation to stimulate children to speak English and interaction to multi cultural environment. | | | | |
| Aims | <ol style="list-style-type: none"> 1. To encourage children to speak English and familiarize children that they are part of global community with interaction to multicultural environment 2. To have experience on intercultural understanding 3. To create interactive - fun-educative learning process for children, 4. To raise spirit of volunteerism on education support 5. To teach English or foreign language to facilitators/teachers | | | | |
| Special Remarks | Prohibited to smoke and drink alcohol during the project or while staying with host family. Weather can be up to 40 degrees Celsius in dry season. volunteer needs to be aware of different seasons with her/his home country. | | | | |
| Location | SAI Cipedak is located at Cipedak District, Southern Jakarta, DKI Jakarta Province | | | | |
| Accommodation | Volunteers will stay with host family with shared toilet and bathroom. Food will be provided by the host family 3 times a day. | | | | |
| Leisure Time | The place are in the city while you can find some cafe or park to have a relaxation during a break. | | | | |
| Airport | Achmadyani Semarang International Airport | | | | |

| | |
|---------------|---|
| Requirements | We do expecting that volunteers are open minded, tolerant, respect the local custom and culture, love to learn and share. |
| Meeting Point | IIRC of PKBI office, Jembawan Raya No.8, West Semarang Municipality, Semarang City, Central Java, 50146. Time: 1 p.m of the starting date |

