



DaLaa MLTV program book 2020

(MLTV: Middle and Long-Term Volunteering)



DaLaa Thailand

International Volunteers for Social Development Association

“Most of All our MLTV are situated in South Thailand- Minimum stay is 2 months”



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International Volunteers for Social Development Association

Foreword:

Dear reader, you will find in this program book detailed information about our middle and long-term volunteering projects at DaLaa, international volunteers for social development association, South Thailand. We hope with this publication to promote our activities and match interested people with the volunteer project that fits them the best. Thank you for your interest!

Voluntary yours,

DaLaa team

Please take a look at our web-site (www.dalaa-thailand.com) to learn more about us.

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Overview of DaLaa MLTV projects

1. Koh Sukorn “Local culture and agriculture”



DaLaa MLTV project - code: 1402

Volunteers type: Medium Term (two months minimum)

Max Number of Volunteers: 4

Available application period: All year around

Volunteers join a family daily life of the rural island of Andaman coast in South Thailand. In this Muslim community, the main occupation is fishing but many also plant rice and watermelon, raise buffaloes and some have rubber plantation. Volunteers will help their host family to grow the vegetable garden around the house, collect the palm leaves to make roofs, and plant and collect rice and watermelon with other families in the community. There may be some activities with local kids too.

2. Koh Nang Kham (Creative English teaching and activities with kids)



DaLaa MTV project - code: 1702

Periods available: All year around (except March and April)
at least 2 months

Expected number of volunteers: 2 to 4

Volunteers will join a small Muslim community of South Thailand on the banks of Songkhla Lake. They will organize activities for children of the local school and share the life of the villagers.

3. Lang Ai Mee community

(Forest preservation, active community, join local school, activities with kids, foreign language and culture exchange, remote area...)



DaLaa MTV project - code: 1704

Close for school holidays (March – April and October)

Expected number of volunteers: 2 to 4

Lang Ai Mee community, from the remote and mountainous area of South Thailand, is seeking for volunteers to support their action of preserving harmonious relationships within the community, with the environment and the world. Their position in the watershed of Cha Uat river gives them the responsibility to preserve the forest so clean water can flow continuously through the valley. Their fights against the government who declared the place as a national park and tried to evacuate them in the past make their group strong and determined. Nowadays, they show actively that they are able to take care of their environment. The new learning center started by the police border patrol and the sister of the Thai new king is now taking care of

the education of the local children and volunteers would be greatly appreciated to support with foreign language and activities exchange.

4. Wat Pho Thawad (Creative English teaching and activities with kids)



DaLaa MTV project - code: 1901

Periods available: All year around (except March and April)
at least 2 months

Expected number of volunteers: 2

Wat Pho Thawad is a very small school in Baan Kokpho, a Buddhist village of about 450 people in Phatthalung province, Southern Thailand. The school director (P. Pin) and local people would like to welcome volunteers again after the good feedback of the two work camps (2 weeks each) that took place in 2018 and 2019. This time we would like volunteers for a longer period

that can help to organize English lessons or other fun activities with the 49 students from kindergarten to Grade 6 (5-12 years old). The English skills of the students are very poor. They are not familiar with foreigners. You can experience the local way of life, exchange with other volunteers, villagers and support the children education.

5. Garden of tranquility (School English teaching- Linking a spiritual project with the local community)



DaLaa MTV project - code: 1902

At least two months between: May to September 2020 and November to February 2021

Expected number of volunteers: 2 - 3

We are a family of 3, working on alternative education, coaching for self-awareness, women empowerment, and conflict resolution for over 15 years. We moved to live in a garden for the last 6 years and started to plant trees and build houses for ourselves, volunteers and visitors we often

welcome. We started to teach English at the local school a few times and see the needs for community development. We would like to promote alternative education, self-reliance and working with Thai and foreign volunteers to improve the life of the community and society.

6. Kok Rieng (Gardening and DaLaa members activities)



Project number: DaLaa 1301MLTV

Volunteers type: Medium and Long Term (two months minimum)

Max Number of Volunteers: 3-4

Available application period: all year round

Kok Rieng is the name of the village our organization office is situated in South Thailand. We are kindly hosted on the land of Lung Jaeng, a great life activist who also welcomes volunteers since 2013 through DaLaa to support his social and Non - chemical. Volunteers

will mainly join gardening work with Lung Jaeng and will be included in our members activities.

7. Ta-Yang (Creative education)



Project number: 1401MTV

Dates: March 16th to May 1st, 2020

(volunteers are expected to join the full period)

Expected number of volunteers: 2-3

Ta Yang is a small Muslim fishermen village on the Coast of Andaman Sea in Satun province, South Thailand. In 2014, few villagers decided to create a learning space for local children to gather and do regular activities with international volunteers from DaLaa. In March and April, it is school holidays and we would like to bring one more time the international volunteer atmosphere in the village for the local children. Who is willing to volunteer to organize these activities will be rewarded by kids' smiles and pure energy and by sharing deeply the daily life of this community, even if of course the English language is still a challenge for most of them.

Details of Each project

1. Koh Sukorn

Local culture and agriculture

in Palian district, Trang province, Southern Thailand

Project number: DaLaa 1402MLTV

Volunteers type: Medium Term (two months minimum)

Max Number of Volunteers: 4

Available application period: All year around



HISTORY and REASONS OF THE PROJECT

Sukorn Island (Koh Sukorn) is situated in Palian district, Trang province. For this project, we will be conducting activities with communities in Baan Laem and Baan Toong village (2 on the 4 villages of the island). In these 2 villages, there is population of 1,189 or 337 families, 95% of them are Muslims. On this island there are also official offices and institutions of which are government-run namely one pre-school, two primary schools (grade 1 to grade 6), one healthcare center and one police station. General income of villagers is from fishing industry regarded

as main occupation, secondly is rubber plantation and agriculture; growing rice, watermelons, corns and other seasonal vegetables as well as keeping livestock. Koh Sukorn watermelon is widely well-known for its best product because of its sweet juicy taste. The island landscape is geologically plain, partly with small hills. Also, around the shore line, it is lined up with scattered mangrove trees.

In general the villagers are very generous and they still remain the culture of supporting and sharing with each other. Furthermore, they also believe that paddy and agriculture is the main food stability of the village.

Already some years, a group of local researchers have been working with the 2 communities mentioned above. In one community, the village members are still remaining their traditional way of living, while in another, people started to drop their old values and turning to development from the cities. Less and less people are working on paddy fields, or growing their own food supply as it is easier to buy. Therefore, these researchers aim to bring awareness to the locals to keep their life style and revive the tradition of growing paddy, other traditional agriculture, as well as developing local rice species, and forming farmer's co-op group. They invite us to organize volunteers' activities there in 2013. Few years after, the researcher group is not very active anymore but we have successfully continued activities (mainly agriculture and activities with kids) with villagers and develop good relationships through short term workcamps and middle term volunteers. The period is now (since 2016) fixed from August to March as the raining season from April to July has less possible activities for volunteers. It is also important the host family have some time for themselves.

AIMS of the PROJECT

- 1- Preserving the local agriculture traditions and wisdom
- 2- Acknowledging importance of sustainable agriculture
- 3- Understanding the importance of the village community life
- 4- Long-lasting learning exchange between villagers, their children and international volunteers



WORK AND ACTIVITIES

Volunteers will be staying together with a host family and share the daily life with them. They will mostly join agriculture activities but may be organizing activities with the local kids. Their place in the daily life of the host family is essential. They shouldn't be a burden but a support which can easily be spread to the community around. Since 2016, all the middle term volunteers were staying at JaTak and Bang Meng family and their experience has been really great. Ja Tak would take time every day to explain them what they can help or do. Both hosts are going every morning from dawn to beginning afternoon for fishing but they still have enough energy to do more activities with volunteers after this. There is another family, Ja Yao who is also ready to welcome volunteers.



YEARLY SCHEDULED ACTIVITIES OF RICE GROWING TRADITION OF THE ISLAND

August and September

- September is the starting month of rice planting season. Traditionally, villagers will prepare their best-selected paddy. The second step is to sow the fertilized paddy into nursery fields. Thirdly, plough the soil for transplanting the rice.

October

- Transplant the seedlings from the nursery into the well-prepared rice fields
- Plant watermelon seeds on the rice field ridges
- Take care of the rice field

November

- Pick up ready-to-eat watermelons
- Take care of the rice field

December

- Rice harvesting!

**Every year at the end of December, a special annual event will be organized at the island. People know it as "Bergfah Andaman Festival". This festival is held widely in famous places located in the Andaman Sea. The aim is to promote products made by locals. There will be booths set up in which villagers sell food and sweets, and friendship activities like boat racing, football matches against village teams as well as performances on stage will be also held.

January

- Sun-dry paddy for next planting

March

- Plant watermelon after the harvesting season
- Make compost from rice straw

April

- Raining season

July

- Gardening around the house



OTHER PRACTICAL INFORMATION

- Laundry: expect to hand-wash your clothes
- Water supply and electricity: available
- Internet/phone access: You can use Internet mobile phone sim card..
- Hat Yai, the main city of South Thailand (close to DaLaa office) is about 4 hours by public transport from Koh Sukorn.
- Clothes worn in the village: You will be living in an area with elderly people and children around so it is appropriate that you dress modestly

FOOD and ACCOMMODATION

The volunteers either share one hut either sleep inside the house. There will be simple mattress, pillow and mosquito net. You will need to bring sleeping bag. Volunteer will be part of the family who will take care of them for everything including food, security and transport. You will join daily tasks for collecting food and cooking. Local people eat rice (or noodles) 2 or 3 times a day with side dishes like curries, omelets, local leaves and vegetables and many fishes and sea food. Because the family is Muslim, there will be no pork or alcohol.

REQUIREMENTS

The volunteers should be ready to stay in a remote area, to adapt to the local conditions with only basic facilities and with few people able to speak in English. Volunteers should be able to handle spontaneous working environment and constant changes in the plans. The mentality and way of thinking is very different from the western world. There may have activities with the children. To have responsibility for yourself, the kids and full involvement in community matters is a must.

****For ones who plan to travel in Thailand/Asia besides this voluntary work, having it done before or after the project would be advisable. We hope that volunteers will fully spend their stay in the project without asking for a long holiday break amid the project period. This would cause uncertainty in running activities.**



2. Koh Nang Kham

(Creative English teaching and activities with kids)

Koh Nang Kham, Pattalung Province

DaLaa MTV project - code: 1702

Periods available: All year around (except March and April)

at least 2 months

Expected number of volunteers: 2 to 4

HISTORY and REASONS OF THE PROJECT

Ko Nang Kham is a small village situated in Pattalung province, close to the middle part of Songkhla Lake which is Thailand's biggest lake. The community area is a small island inside the lake so the main career of the villagers is fisheries. Some work on rubber and palm plantation, fruit orchards or shrimp farm. During free time, some villagers gain some extra income from making and selling local desserts and fruit preservation, for instance. You may find more information about Songkhla lake on this following website:

http://en.wikipedia.org/wiki/Songkhla_Lake. The villagers of Koh Nang Kham are Muslim.

The School

Ban Ko Nang Kham School was founded in 1928. It's a local governmental, educational opportunity-expanded school offering classes from kindergarten to grade 9. There are around 189 pupils and 16 teachers. In the village, there's a mosque where it is centred to bring all Muslims in the community to join in religious activities such as Friday prayer. The long-lasting folk wisdom passing on from one generation to another still gives them a career in the fishery industry and food process. Around the Songkhla Lake, the overwhelming ecosystem of natural resources, aquatic animals, fruits of the palm trees and many other things that people there can make use of, they are still greatly abundant in the present day. This teeming treasure behind this richness still gives them every day's earnings and it has laid great benefit in preservation from generation to generation.

Mr. Somhit Chobngam (Crue Chem), the project initiator, positioned currently in Ban Ko Nang Kham Nuea School together with his co-mate, Miss Aree Leesom positioned presently in Ban Ko Nang Kham School. Both schools are in the same neighbourhood. Crue Chem contacted DaLaa first in 2015 to discuss the possibility of hosting international volunteers as he saw the importance of improving learning methods for the students. He hopes that children can learn

about language and cultures naturally by doing activities with volunteers.

In 2015, we organized the first short-term work camp in Ban Ko Nang Kham Nuea School. Other work camps held yearly after that and we had the first team of middle-term volunteers in 2017 for 2 months. The results were very positive and it drew a lot of intention for kids and their families.

In small communities in Thailand, local people hardly have contacts with foreigners, while students are getting pressured from the current educational system to study English but they never have a chance to meet any foreigners. Therefore, this will give them the chance to gain motivation to learn and explore cultural diversity by doing creative activities with international volunteers.

Having international volunteers to learn about local fisherman's lifestyle, it will help the fishermen to feel more motivated to preserve their local knowledge and wisdom. Apart from that, volunteers can also become the link between children and villagers to take part in this community learning



activities.

AIMS of the PROJECT

- 2-way learning process between local children/ villagers and volunteers
- Better understanding towards local culture
- To build a good relationship between volunteers and local people
- Children and adults can learn English with volunteers

WORK AND ACTIVITIES

Volunteers will be arranging creative activities with students. They will be supervised by the teachers. Depending on the volunteers' skills, they will be proposed to organize activities with each class from Grade 1 to Grade 9 twice a week (1-hour session). The idea is that 1 session is more about the English language while the other one is free to decide. Outside the school, a few villagers are willing to invite volunteers to learn about the local fisherman lifestyle on Songkhla Lake and organize other common activities.



REQUIREMENTS

- Volunteers who apply for this project should be over 20 years of age and/or have a Bachelor's Degree. This is specifically required by the school.
- Volunteers should be ready to stay in a remote area, to adapt to the local conditions with basic facilities and with very few people able to speak in English.
- Volunteers should be able to handle the

spontaneous working environment and constant changes in the plans. The mentality and way of thinking are very different from the western world. There will have often activities with the children.

- To have creativity in providing learning activities for kids and join in activities related to school's matters
- Be open-minded, be positive-thinking and be ready to get involved in community's matters
- Last but not least, love being around with kids J

FOOD and ACCOMODATION

Volunteers will stay in a local house situated in the village center. There are a kitchen and bathroom in the house. Volunteers can go on foot to the project school which is not far. There will be a simple mat, pillow and mosquito net. You may need to bring your own sleeping bag and other sleeping gear for your comfort. Lunch will be offered at school. There are some small grocery shops in the village and a lot of fish from the fishermen. Local people eat rice (or noodles) 3 times a day with side dishes like curries, omelettes, local leaves and vegetables. Remember there are no pork products provided in the village. Be reminded of not bringing non-halal food or alcohol drink to your house or school. This may sound serious when you first hear it. It is not as that strict as you may imagine. Just the food (pork products and alcohol) that it is not appreciated in the Muslim



community.

3. Lang Ai Mee community

(Forest preservation, active community, join local school, activities with kids, foreign language and culture exchange, remote area...)

Cha Uat district, Nakorn Sri Tammarat province, South Thailand

DaLaa MTV project – code: 1704

Periods available: all year round (except school

holidays: October, March and April)

Expected number of volunteers: 2 to 4



HISTORY and REASONS OF THE PROJECT

Lang Ai Mee is a mountainous village of Nakorn Sri Tammarat province, Cha Uat district, part of Bantad Range Mountain. It is the watershed area giving birth to Cha Uat river flowing through the town of the same name and until the Chinese sea in Pak Panang district.

The first people came to live in this area in 1963. It's a good area to plant rubber and fruit plantations. One of them was named Mee and gave his name to the village. In 1972, The government declared this area a national park and since then tries to forbid the villagers to live there and to use the natural resources,

arguing that villagers are destroying nature. (The same government who allowed before some companies concessions to cut all the forest-rich trees species to sell abroad.)

Since that time, the villagers, about 60 families at that time, gather to fight against this decision and to prove they can live in harmony with the forest, nature and can take care of it. Many volunteers' activities have been going on in the village and now the community is very strong and responsible.

In 2002, they create a group "Ton Rak Paa Ton Nam" which could be translated by "Love forest and watershed" to gather now 157 families and 463 people. They made agreements together to preserve the forest, animals, water, trees, and organize activities together.

In 2014, the police border patrol helped to start a local school so children can have education all the year along. In 2015 and 2016, DaLaa volunteers situated in Roywan Phan Pba project close to the place joined often activities with the school and the villagers. The princess and donators made it possible to create a new and beautiful learning center for the local children in the village (called the school).

After Roywan project was stopped in 2016, an active member from Lang Ai Mee, P Com and an active teacher close to the villagers, Crue Prakan, contacted us to request more volunteers to join their activities.



AIMS of the PROJECT

- Exchange and learn language and culture with the local community.
- Support the local group: Love forest and watershed.
- Support the learning center on the foreign language aspect.
- Help to give responsibility and harmony to local people in preserving their culture and way of life.



WORK AND ACTIVITIES

- Learning center (=school): exchange language, activities with kids. The school will adapt to each volunteers skills.
- Join and exchange activities about the local culture, occupation (fruit and rubber farming, using local material to make crafts like brooms...)
- Take care of the forest and watershed: plant trees close to the river, look around for seeds species, tree nursery, and small dams to keep humidity...
- Join with the women group to make processed food from the forest: chilli sauce, kind of palm fruit to boiling...

REQUIREMENTS

The volunteers should be ready to stay in a remote area (in the middle of the forest), to adapt to the local conditions with only basic facilities and with very few people able to speak in English. Volunteers should be able to handle spontaneous working environment and constant changes in the plans. The mentality and way of thinking is very different from the western world. There will often have activities with the children. To have responsibility for yourself, the kids and full involvement in community matters is a must.



FOOD and ACCOMODATION

Volunteers have their own house with a small kitchen. There will be a simple mat, pillow and mosquito net. You will need to bring a sleeping bag – more bedding materials could be an option in case you are not used to sleeping on the hard floor. The volunteer will be taken care of by the neighbour family who will take care of them for daily matters including buying food, security and transport. During activities at school (most school days), the lunch will be offered there. There are 4 or 5 families who are willing to welcome the volunteers at their house. Local people eat rice (or noodles) 3 times a day with side dishes like curries, omelettes, local leaves and vegetables. They agree to adapt to volunteers needs and tastes using the ingredients available there.

OTHER PRACTICAL INFORMATION

- Laundry: expect to hand-wash your clothes
- Water supply and electricity: available
- Internet/phone access: At the school, and mostly only at the school, there is a connection for DTAC and True move phone companies' network. You can use the internet with a Thai Sim card and your mobile phone.
- The closest big village, Tung Chumpon is at 7km with a health center, ATM, market twice a week and temple.
- Mai Seap is a bigger village at 16 km. It is the place to take the bus to and from the project.
- Pa Payom, is a town at 18km, where there is a hospital.
- Hat Yai, the main city of South Thailand (close to DaLaa office) is 2 hours by bus/minibus from Mai Seap.
- It usually rains stronger from November to January and the fruit season is in August to October.

- Clothes worn in the village: You will be living in an area with elderly people and children around so it is appropriate that you dress modestly, for example, no short skirts or shorts too far above the knees. Also, women should wear tops that cover your shoulders. Bikini is not appropriate to swim. Please wear shorts and a top instead. You will learn more about Thai culture in the introduction day so please don't worry too much. You will quickly learn when it best to dress more informally and when it is important to cover-up

- Language: only very few people in the village can speak good English (Crue Prakan, the teacher is one of them). We strongly advise the volunteers to learn at least basic Thai language before or during the start of your project. Non-verbal communication will be as well essential. ****Few things not to forget: Flashlight, mosquito repellent (nature-friendly if possible), light long sleeves clothes, closed shoes and flip flops, rain**

jacket, hat, something to show your culture, food, pictures..., games, music, your motivation and



beautiful smiles.

REQUIREMENTS

The volunteers should be ready to stay in a remote area (in the middle of the forest), to adapt to the local conditions with only basic facilities and with very few people able to speak in English. Volunteers should be able to handle a spontaneous working environment and constant changes in the plans. The mentality and way of thinking are very different from the western world. There will have often activities with the children. To have responsibility for yourself, the kids and full involvement in community matters is a must.

****For ones who plan to travel in Thailand/Asia besides this voluntary work, having it done before or after the project would be advisable. We hope that volunteers will fully spend their stay in the project without asking for a long holiday break amid the project period. This would cause uncertainty in running activities.**

4. Wat Pho Thawad (Creative English teaching and activities

with kids)

DaLaa MTV project - code: 1901

Periods available: All year around (except March and April)

at least 2 months

Expected number of volunteers: 2



HISTORY and REASONS OF THE PROJECT

The school is situated in the local temple (like in most villages) and was founded 50 years ago by the former head monk. There are nowadays 49 students and 4 teachers from the government, plus the principal, and two more teachers are financially supported by the temple. In Thailand, the school year starts in May and finishes in March. Most of the villagers are farmers (rubber plantation, rice, fruits ...). The school principal learned about DaLaa through one of our project hosts and shares our values (International Voluntary Service) and believes in our actions. We organized already two workcamps in 2018 and 2019 which were a great success. The local kids have very few chances for interaction with foreigners and the English language is more and more needed for their future. After a visit with DaLaa team last August we decided to start with MTV project there to improve the quality of the action.

AIMS of the PROJECT

- To support Wat Pho Thawad school
- To be part of the community of Baan Kokpho village

- To let children be familiar with volunteers and learn in an international/multi-culture atmosphere

- To support the organization of the February workcamp

WORK AND ACTIVITIES

Volunteers will be arranging creative activities with students. They will be supervised by the teachers and especially, P Pin, the school director. Depending on the volunteers' skills, they will be proposed to organize activities with each class from Grade 1 to Grade 6. Outside the school, few villagers are willing to invite volunteers to learn about the local lifestyle in the village and organize other common activities.



REQUIREMENTS

The volunteers should be ready to stay in a remote area, to adapt to the local conditions with basic facilities and with very few people able to speak in English. Volunteers should be able to handle a spontaneous working environment and constant changes in the plans. The mentality and way of thinking are very different from the western world. There will have often activities with the children. To have responsibility for yourself, the kids and full involvement in community matters is a must.

****For ones who plan to travel in Thailand/Asia besides this voluntary work, having it done before or after the project would be advisable. We hope that volunteers**

will fully spend their stay in the project without asking for a long holiday break amid the project period. This would cause uncertainty in running activities.

FOOD and ACCOMODATION

Volunteers will have their own house, a few kilometres from the school. There is a simple mat, pillow and mosquito net. You will need to bring a sleeping bag. Volunteers will eat at the school for lunch and can cook by themselves for dinner. There are some small grocery shops in the village. Local people eat rice (or noodles) 3 times a day with side dishes like curries, omelettes, local leaves and vegetables.



5. Garden of tranquility

(School English teaching- Linking a spiritual project with the local community)

DaLaa MTV project - code: 1902

At least two months between: May 6th to August 31st 2019
(Arrival dates: May 6th, June 3rd or July 1st)

Expected number of volunteers: 2



SHORT DESCRIPTION

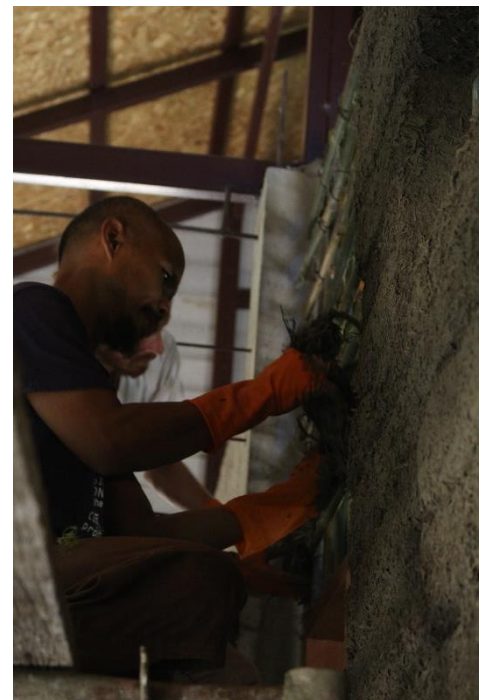
We are a family of 3, working on alternative education, coaching for self-awareness, women empowerment, and conflict resolution for over 15 years. We moved to live in a garden for the last 6 years and started to plant trees and build houses for ourselves, volunteers and visitors we often welcome. We started to teach English at the local school a few times and see the needs for community development. We would like to promote alternative education, self-reliance and working with Thai and foreign volunteers to improve the life of the community and society.

AIMS of the PROJECT

- To support local kids and young people to become able to communicate with foreigners and to learn from cultural exchange
- To improve the self-awareness of kids and young people and provide a creative space to express themselves.
- To create an open space for organic farming, towards a self-reliant an ecological community

WORK

- Volunteers will organize English and Art lessons and games to primary school children (7 to 12 years old) both at the community schools (2-3 days a week) and at the Garden of Tranquility.
- Volunteers will work on an artistic clay building. We finished building 2 clay houses and 1 library. We are now building a big meditation hall and family house, plus another volunteer house, all from clay.
- Volunteers will grow vegetables and plant trees, water them, make compost and collect fruits like bananas and mangoes.



OTHER ACTIVITIES

- We will discuss and practice exercises for self-awareness.

- You will have chance to discover the community and the area around the Garden of Tranquility.
- Daily tasks, including going to the market, cooking and cleaning around
- Other creative activities or discussions proposed by volunteers

REQUIREMENTS

- Volunteers should be interested in education for children, ready to lead a small group of kids on a chosen activity: English teaching, art or other.
- Volunteers should be ready to adapt to the Thai, local way of life, and willing to create relationships with volunteers' friends, hosts and local people. Some difficult points could be mosquitoes and insects, eating rice at every meal, language and culture barrier, missing feedback, changing plans often.
- Volunteers should be able to stay in a remote environment, without public transport, not expecting to go to town or city often.
- Volunteers should be ready to put their hands in the dirt both for gardening and clay building.
- Volunteers should be able to take responsibility for themselves and the team by taking care of their health and security and be fully involved in the daily tasks and discussions.



FOOD and ACCOMODATION

- We will take turn to cook 3 meals a day, suitable for vegetarians.
- Volunteers will live in a small clay house.
- Mosquito nets, pillows, blankets and mattresses are provided.
- Good quality shared bathrooms and kitchen.



middle and long-term volunteers, mini workcamps with our members. family and children camps.

6.Kok Rieng

(Gardening and DaLaa members activities)

Project number: DaLaa 1301MLTV

Volunteers type: Medium and Long Term (two months minimum)

Available application period: all year round

Max Number of Volunteers: 3-4



HISTORY and REASONS OF THE PROJECT

Mr. Suthep Suwankrajang known as Lung Jaeng, the host of the project has a strong social network and he is involved in voluntary work, social activism and forest conservation for many years. Since 2013, he has been starting a big garden, 3km from his home with DaLaa volunteers and friends and build there a new house. He grows non-chemical vegetables and fruits. It's like a social garden which is also used for tea meetings, universities camps or just having a meal together with friends. Everyone is welcome at this learning space to grow healthy food and to exchange ideas.

Since 2015, DaLaa office was built on his home land and nowadays we became a community sharing everyday life. We called this place Voluntary Service Community (VSC) and we organize quite some activities like introduction and gathering for our

AIMS of the PROJECT

- 1- Start a new kind of community based on love, responsibility, harmony and freedom.
- 2- Our members grow in wisdom and our garden produces healthy food.
- 3- We can gather members and children more and more around meaningful volunteer activities.



WORK AND ACTIVITIES

Regular work involves nurturing vegetables plants and fruit trees, take care or chicken, compost making, collecting vegetables for our own consumption, growing seeds or nursing young plants, lots of weeding and watering too. The work may be physically hard or repetitive but there is no pressure and you will have a lot of time to relax.

- You will be proposed to join our VSC members' activities on regular basis. The activities may be very various from construction to kids' activities around DaLaa office or to our partners places.
- The daily tasks like cleaning and cooking are shared by everyone. It takes some time and energy to have a healthy food and environment. When done with free will and dedication for the community, we can learn a lot from this too.
- Volunteers should feel responsible for the community. It means they will become the hosts when visitors are coming, take part in new volunteer

introduction and other activities organized through the Voluntary Service Community. We organize mini workcamps where Kok Riang volunteers are included.

FOOD and ACCOMODATION

Volunteers will live with Lung Jaeng and at the garden. Small huts are provided for volunteers. there is the new house of Lung Jaeng and wood fire kitchen. Regards to the hut for volunteers, there is a thin mattress and mosquito net provided. You may need to bring your own soft mattress if you're prone to backache or wouldn't be able to sleep on hard surface. The bathroom and toilet are separated. For shower, there's no hot water and the restroom is local squatting style. The living condition will be very simple and you may find it completely different from your own country. Local people eat rice (or noodles) 3 times a day with side dishes like curries, omelets, local leaves and vegetables. We get some food from the garden and shop other at the local markets



REQUIREMENTS

The volunteers should be ready to stay in a community and to take responsibilities and initiatives to adapt to the local conditions with basic facilities and non-English speaking people. Volunteers should be able to handle spontaneous working environment and constant changes in the plans. The mentality and way of thinking is very different from the western world. **For ones who plan to travel in Thailand/Asia besides this voluntary work, having it done before or after the project would be advisable. We hope that volunteers will fully spend their stay in the project without asking for a long holiday break amid the project period. This would cause uncertainty in running activities.



OTHER PRACTICAL INFORMATION

Kok Riang is a village 20 km from Hatyai city but it is really country side. The atmosphere is quite relaxed. The garden area is 2 km from the closest shop.

The most rain season is usually from October to December. There are quite some mosquitoes especially after the rain.

There are a lot of chicken around to wake you up early morning

Laundry: expect to hand-wash your clothes

Water supply and electricity: Well with pump and solar panel

7.Ta-Yang

(Creative education)

Project number: 1401MTV

Dates: March 16th to May 1st, 2020(volunteers are expected to join the full period)

Expected number of volunteers: 2-3



HISTORY and REASONS OF THE PROJECT

Bang Seed, the main host believes that the village and children's homes should be a principal place to learn about life. However, nowadays, the community is facing difficulties to manage this role as some parents think that to acquire better education for their children, they should send them away to schools in town including private ones that tuition fees are so costly. The first idea of Bang Seed is to give opportunities to local kids to learn English. He sees it as an important tool for their future. Percentage of local kids' language abilities is very low. They only know very basic words, few conversations like "How are you?" "I am fine" "Thank you and you?" even if their verbal pronunciation is not really right. It reflects hard situations why the quality of kids' education in rural areas is still undeveloped. Therefore, he offers his place for which various activities to enhance the learning process of the village kids to be organized by international volunteers, with support of the parents.

There have been already quite some volunteers and many activities since 2014 (you can see some pictures on "Ta Yang Learning Home" Facebook page).

AIMS of the PROJECT

- Supporting ideas of the project host with benefits towards better education of the village kids
- Improve English skills of locals
- Preserving the local traditions and wisdom
- Long-lasting learning exchange between villagers, their children and international volunteers
- Understanding the importance of the village community life



WORK AND ACTIVITIES

- Create and organize activities for local kids at the learning home. The kids are usually ranged from 6-7 to 12-13 years old. The schedule and activities will be prepared together by the volunteers and the host team. It may be like 3- or 4-hours activities per day with 1 or 2 days to relax.
- Join and exchange activities about the local culture, occupation (fishing, gardening, using local palm leaves to make crafts- village speciality)
- Take care of the mangrove; the host is working for mangrove preservation.
- Share the daily life of the community

FOOD and ACCOMMODATION

The volunteers will sleep in Bang Seed house. You may share the room with another volunteer. There will be a simple mat, pillow and mosquito net. You will need to bring a sleeping bag – more bedding materials could be an option in case you are not used to sleeping on the hard floor. There are toilets/bathrooms is a really typical, shared Thai style. The volunteer will be part of the family who will take care of them for everything including food, security and transport. You will join the daily tasks including cooking and cleaning. Local people eat rice (or noodles) 3 times a day with side dishes like curries, omelets, local leaves and vegetables and a lot of fresh seafood. Ta Yang is a Muslim area; you shouldn't bring pork or alcohol there.

REQUIREMENTS

The volunteers should be ready to stay in a remote area, to adapt to the local conditions with only basic facilities and with very few people able to speak in English. Volunteers should be able to handle a spontaneous working environment and constant changes in the plans. The mentality and way of thinking are very different from the western world. There will have often activities with the children. To have responsibility for you, the kids and full involvement in community matters is a must.

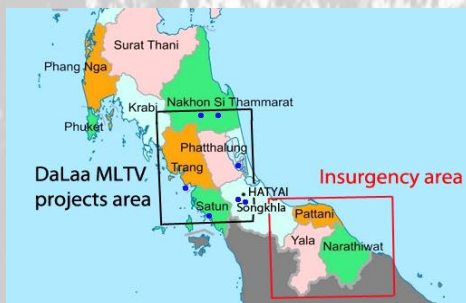


Practical information about our MLTV projects



Places

Our MLTV projects are all situated in South Thailand (provinces of Songkhla, Satun, Trang, Nakorn Sri Tammarat and Pattalung). The meeting point for all MLTV arrivals is at HatYai airport, close to our office where they join our introduction.



Security

Security for our volunteers is our priority. The area of our projects are safe and in small villages. Volunteers are staying in a host family we totally trust. A DaLaa staff is in charge for communication for each project. We wrote a safety booklet that we provide to our volunteers to explain about any risk and emergency situation.

Our projects are NOT situated in the South Thailand Insurgency area. See the link below for more information.

https://en.wikipedia.org/wiki/South_Thailand_insurgency

Choice of the project and period:

It is important that the volunteer chose freely the project that fits the most to him/herself. The minimum stay is 2 months and can be planned up to 1 year. Some of the projects are close during the school holidays (2 months in March-April and 1 month in October). The most rain in South Thailand is usually from October to December.

Fees:

The fee for a **2-month service, 20,000 Baht** (approx. **540 Euro**)

3rd month : 10,000 Baht

4th month and after: 9000 Baht per month

The fee will be used for living expenses (gas, water, electricity, food) and materials used in projects/activities. Some part of the fee will be used to support Thai volunteers and our organization.

Application Steps

- 1 - Volunteers have to apply not directly to us, but through our partner organizations of their own countries, unless you live in Thailand.
- 2 - Once we'll receive an application; we'll answer within 2 weeks.
- 3 - After acceptance, the volunteer will receive the infosheet of the project as well as DaLaa MLTV handbook. There is also a preparation from the sending organization.

Following of the volunteers:

In DaLaa, we are careful about the learning process of volunteers as well as their participation in the local community.

- Before volunteers start the project itself, they are invited to an on-arrival introduction at our office with MLTV coordinators to receive project details, organizational background, general information about Thailand such as language, culture, and so on. This usually takes 2 or 3 days
- Every month, volunteers will be asked to visit DaLaa office for a meeting with MLTV coordinators to discuss about his/her project, or the coordinators go visit, vice versa.
- There will be a final evaluation in the last week before a volunteer finishes his/her project.
- If you have problems on the project you should first try and manage it by yourself but if you need help then someone from DaLaa will be there for you.

Visa

Participants need to request a “Non-Immigrant type” visa at a Thai Embassy/ Consulate in their country. DaLaa will provide an invitation letter and officially registered paper for this. You need to do it about 1 month minimum in advance.

We also can help our volunteers to renew their visa at the Thai consulate of Penang in Malaysia, few hours from our office.

The price for a single entry (you cannot leave Thailand and come back with the same visa) is about 2000 Baht (approx. 50 Euros) and allows staying 3 months in Thailand.

There are also 2 months tourist visa in case the Non Immigrant one is too complicate to obtain.

Insurance

Participants are responsible for their own insurance. They should make sure in advance with their company what is covered and how to get their expenses back in case they need it. Be aware that only few hospitals in big cities will directly reimburse the medical fees. It is more likely that you will need to pay first.

Vaccination

There is no mandatory vaccination needed to come to Thailand. There is no malaria history at the project place. Volunteers are responsible for this matter.

DaLaa values

Community living: open to and respect of each other, of the environment, active participation in the daily tasks and community work, conscious responsibility, harmonious relationship, avoid selfishness and hasty judgment, courtesy, kindness, learning process, being able to adapt to the reality of the moment, balance gift/gain of the participants. The connection of people, living together and diversity. The learning community, soul and wisdom

Alternative education: Kindness, Patience, coherence, loyalty, Put back human in the harmony of nature (ourselves first), basic of learning process, Value of life, Practical / Learning by doing, self-organization, adapted to local environment, leadership. What and how should we educate the students? What do we learn at the same time? Include our values in the learning process; parents are the main support for the children to learn. Forward the local wisdom to new generation, find solutions to youth difficulties, toward a revolution of society education, open mind and decrease ego, everyone has the right to learn and to share with others. Listen is more important than to speak. Learning of mind, be independent, self learning, natural way.

Food autonomy/security: Be aware of Health, Environment, Preservation, Economy, Responsibility, understanding the basic of life, variety, planting, collecting, compost, seeds conservation, sharing. Local plants. Plant for yourself, the rest for sharing, Green to eat, self management, easy way of farming.

Understand the basics of life include **alternative health** as well.

Volunteer spirit: Youth capacity building, giving yourself, sharing minds, understanding yourself and others, working to blossom

Learning organization: Facilitate participants self-improvement (capacity building)

Living, Learning, working TOGETHER

